

Newsletter Publishers
and Editors

Chris & Jennifer
Mojica

The Paranormal Press

The Official Newsletter of the Northwest Indiana Ghost Trackers

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"Allow Myself to Introduce...Myself" (Austin Powers)

Welcome to the first edition of *The Paranormal Press*. We have been given the honor of continuing the Indiana Ghost Trackers' newsletter after Karen Tice decided to retire her pen and paper (or keyboard) to focus her attention on other projects. We hope everyone will thank Karen for her dedication and hard work on the newsletter. As we found out right off the bat, it is not an easy task. So, from the whole staff here at *The Paranormal Press*, we thank you, Karen.

As you may have noticed, the newsletter has taken on a new name and look. No longer the *Nocturnal News* because we didn't like the name, but because it's a new chapter for the IGT newsletter. Without change we can never grow and flourish. We will try some new things by taking the newsletter in different directions to draw some attention and, hopefully,

spice it up a bit.

Our goal with this newsletter will be to inform our members of news and events pertaining to IGT and the paranormal, as well as other things we feel may interest and entertain. We hope to generate attention to the group and maybe create some intellectual debate. This newsletter is for the members and your comments, questions and suggestions are always welcome. Without feed back we have no idea what our members want to hear or read.

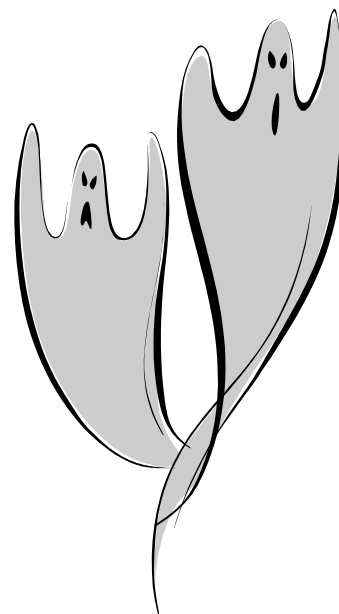
Bear with us as we experiment with stories and ideas before deciding on a final layout.

So sit back, relax and keep hands and legs in the cart at all times. Enjoy the ride!!

Any lost limbs become the sole property of *The Paranormal Press*.

Thank you.

Chris & Jennifer



News/Updates

Welcome Kris Rajchel as the new Member Relations Coordinator. We look forward to what this new position will bring to IGT!

Division I has some great open positions: Assistant Director, Public Relations Coordinator, Research Coordinator and Hunt

Coordinator. Let's get some invigorated members to step forward, accept the challenge and continue the work of those before us.

The Lake County Fair is August 5th thru 14th. Please let Mike McDowell know if you are able to help work our booth this

year. Shifts will be 3 or 4 hours, with weekdays being the hardest to fill.

We may score an overnite hunt at the old Valpo Jail, with a corresponding fee of approx. \$25 per person. Mike will let us know at a future meeting!!

Insomnia (Campfire Ghost Stories by Jo-Anne Christensen)

There once was a young woman who got a terrific deal on a second-hand bed at a yard sale. She was extremely pleased with her purchase until she got the thing home, set it up in her bedroom, put on lovely fresh linens and tucked herself in. Then she realized that she had actually paid far too much, for the old four-poster bed was *haunted*.

She had just turned out the light and found a comfortable position to sleep in when the springs began to move and creak. The woman was lying as still as a stone, but the mattress bounced and sagged, as though someone was rolling around on top of it. There began a sighing sound then, a constant breathy sighing that was interrupted occasionally by a cough or a bit of throat clearing. This carried on throughout the night, except for a few short periods of relative peace.

For three straight nights this continued, until the young woman was exhausted. She decided to visit the house where the yard sale had taken place.

An older woman answered her knock at the door.

"Oh, that would be my husband," she said when the young woman explained the problem. "He suffered terribly from insomnia. Didn't have a decent night's sleep in all the 40 years we were married."

When the young woman asked what could be done, the widow offered a suggestion,

"Try leaving out a little warm milk in a cup," she suggested.

The woman took the advice and left a lovely cup of frothy warm milk on the bedside table

that night. But the very minute she crawled beneath the comforter, she knew the problem had not been solved. The tossing and turning began immediately and was followed by hours of loud annoying noise.

She went back to the widow.

"The milk didn't work," she complained.

"Oh, dear," said the widow. "Well, try reading a bit of a bedtime story then. That used to help him sometimes."

So, the young woman went home and found a lovely story to read. That evening, just before retiring, she sat beside the bed and read aloud. She felt a bit foolish, but was willing to do anything for a decent night's sleep.

Unfortunately, she didn't have one.

All night long, the bedsprings creaked and the mattress bounced. All night long, the sounds of moaning, groaning, sighing and sniffing kept the young woman wide awake.

The next day she sought out the widow again. Again, the widow drew on her years of marital experience for the solution.

"Sing him a little song," she urged. "Something sweet and soothing, like a lullaby. He always liked that. Said it knocked him right out."

So, the young woman sang. She sang for hours; she sang every soft, gentle song she knew, and then improvised a few others. Still, the ghost tormented her with his wakefulness.

It had come to the point where the young woman could

not tolerate any more. Ill-tempered and fatigued, she marched over to the widow's house and issued a demand.

"I can't take this anymore," she said. "I insist that you buy your bed back."

The widow refused to help.

"I can't do it," she said sympathetically. "I already spent the cash, and anyway, I got no place to put the old bed, not since I bought this lovely half-tester. It's an antique, you know, carved outta oak, with a feather mattress that's as soft as a cloud."

The young woman eyed the widow suspiciously.

"Really," she said as she peered at the large dark circles that hung beneath the widow's eyes. "It doesn't look like it's giving you any rest."

"Not a bit," admitted the widow. "It's a real shame. But I bought the thing from the woman down the street, you see."

"Why should that matter?"

"Well, her hubby passed away just last year," explained the widow. "And he used to snore."

"The woman was lying as still as a stone, but the mattress bounced and sagged, as though someone was rolling around on top of it."



Creature Feature

Soon to be released on the big screen is a new horror film, Dark Water, starring Jennifer Connelly. Based on a film by the creators of the Japanese version of "The Ring" comes this haunting film about a young mother who goes to extreme lengths to solve a mystery and protect her daughter. Dahlia (Jennifer Connelly) is starting a new life; recently separated and settling into a new job and new apartment, she's determined to put her relationship

with her estranged husband behind her and focus on raising her daughter, Ceci. But when the strained separation disintegrates into a bitter custody battle, her situation takes a turn for the worse. Her new dilapidated apartment seems to take on a life of its own. Mysterious noises, persistent leaks of dark water and strange happenings cause her imagination to run wild, sending her on a puzzling and mystifying pursuit to find out who is behind the endless

mind games. As Dahlia frantically searches for the links between each mysterious riddle, the dark water seems to slowly swallow her and her daughter's life.

Directed by Walter Salles (Motorcycle Diaries), Dark Water opens world wide July 8th and only then will it be determined if it's a cinematic horror movie masterpiece or if Dark Water just needs a good long flush.



Movie and video reviews.

(Editor's note: The views and opinions expressed here are strictly of this film school graduate and should in no way be taken to heart. Don't take my word for it, see it for yourself!)

IGTU

For you ghost hunting enthusiasts who have deep pockets, this little piece of equipment is for you!

Focal Plane Array Camera

Description:
Thermal imaging camera. This particular piece of equipment shows temperatures and temperature fluctuations through black and white shading.

Features:

The mac daddy of paranormal investigating cameras. This is as entry level, cost efficient as you will find. This unit has many features that will rival all other cameras, as well as features you'll probably never use. The used units go for \$6,595.00. New, this little ditty goes for a cool \$7,595.00. Please note this is a long wave focal plane array camera that is not capable of temperature measurement.

The thumbnail at the bottom right reveals an actual image as it would appear through the view finder of this unit.

So, instead of putting in that pool this summer with last year's Christmas bonus, tell your spouse that you will be putting the money to a better use. Just don't say you saw it here!!



Gravesites

www.pushindaisies.com (Novelty mortuary items, good for gift ideas)

www.theskeletonscloset.com

(Everything and anything Halloween)

www.themagickcalcat.com

(New Age shop)

www.graveaddiction.com (This one has great photos from Mansfield Reformatory in Ohio)

www.graveyards.com

(Great photos of graveyards & tombstones)

www.ghosthunting101.com

(Basic and general information for the novice and experienced ghost hunter)

www.strangehappenings/methus.com


(Pennsylvania paranormal investigations)

www.frightcatalog.com (Even more Halloween stuff....Woooooo!)



WHAT'S ON SLAB

July 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-					1	2
3	4 	5	6 New Moon	7	8	9
10	11	12	13	14 1st Quarter	15	16
17	18	19	20	21 Full Moon	22	23
24	25	26	27	28 Last Quarter	29	30
31						

Notes:

No information has been received for this month's IGT Meetings...Sorry!

Topics for Dissection

—What's new with Division II?

—How about some how-to and photos on cemetery restoration.

—Anyone with information and pics from recent investigations/hunts?

—Anymore ideas for fund raising?

—What would you like to see in your newsletter?

—Categories for costume contest???

To discuss any of these topics, log on to www.indianaghosts.org and click on "Forums." Let's hear your thoughts Ghost Trackers!

OFFICERS

Regional & NWI
Director
Mike McDowell

DIVISION I
Secretary
Barb Hensel
Asst. Secretary
Jennifer Jacobs

Treasurer
Anne Ubis

PR Coordinator
Michelle Bugarin

Member Relations
Kris Rajchel

DIVISION II
Asst. Director
Bob Carter

Quote of the Month

"People think that I must be a very strange person. This is not correct. I have the heart of a small boy. It is in a glass jar on my desk."

-Stephen King

YOUR HOSTS WITH THE MOST **CHRIS & JENNIFER MOJICA**

**E-MAIL SUBMISSIONS FOR
THE PARANORMAL PRESS TO:**

christophermojica@hotmail.com

or

jenmojica@hotmail.com



Eulogy

HELP!!

We invite all members of Divisions I, II & III to submit photos from hunts and investigations, articles regarding haunted locales, informational websites, ghosthunting technology and tips...Stuff to make this newsletter a direct reflection of who we at Indiana Ghost Trackers are. We hope to make this as specific to the North-west divisions as you will help it to be. We will, of course, find material, but we cannot guarantee that it will be exclusive.

And let's not forget....

**Saturday,
October
29th IGT
Halloween
Party!!!!**

Get working
on those
costumes!!

Annual Dues

Checks should be made payable to Indiana Ghost Trackers and mailed to:

IGT

610 Roosevelt Rd.

Valparaiso, IN 46383

or paid at a monthly meeting.

Contact Anne at
gotghosts@comcast.net
if you prefer to pay by
Paypal. A \$1.00 service
charge will be added.